



Surf Starter Board

Elysia Tsai, M.Ed., ATC introduces our Surf Starter board. A perfect economical board for any beginner, growing kid and those with small feet. Featuring an adjustable urethane rail for skill progression and a variety of Balls and Half Balls to create the 7 in 1 combo for ultimate balance training.

(0:24) Hey everybody, Elysia here from Si Boards and I'm here to introduce our Surf Starter board.

Key Features (0:42)

Our Surf Starter is our Economy line and it's a great training tool for those who want to get started with Balance Training Systems. Starter boards have unique features which allow smaller riders and kids to jump on board and progress as they get older, allowing you to expand the rail. The unique shape of the Surf Starter has a shaved and pointy nose, and this allows you to turn the front of the board very, very quickly. Then, we added a fishtail on the backside which allows you stability. This is actually a nice longboard for doing full body moves if you're on your belly and practicing your pop-ups.

(1:23) One of the main differences between the Starter board, which is this one here on the right, compared to an Original board, is the size of the rail. You can see that Starter boards have a smaller ride surface, and this is great for beginner riders. Let's talk about the Starter board.

Ideal User Height (1:40)

The Surf Starter has a wide stance range so it's great for anybody who is 4' (1.2 m) tall all the way up to somebody who is 6' (1.8m) tall. You have a smaller ride in combination with a large board surface.

Board Specifications (2:00)

The size of your Surf Starter is 42" (106cm) tall by 18" (45 cm) wide. The weight of the board is 12 lbs. (5.4 kgs) so it does have some weight to it, which will require your leg strength to get it moving. Starter Boards are completely flat along the length, in contrast to an Original board that has the rocker. This is also a 5/8" thick wood so it's a thicker wood than the Original board, which lends to the weight of the board. The urethane rail is drilled directly into the wood so you have a smaller ride surface through here.

(2:50) The Surf Starter comes with a urethane rail which is 20" (51 cm) tall by 9" (23 cm) wide. The rails are a very durable urethane so if you're riding outdoors and you're scratching it on concrete, it will hold up for a very, very long time compared to anything made out of plastic. Our urethane rails are adjustable so you can actually take this rail off and place it on another board, or you can expand it with the use of extensions. You can place an additional 4" extension into the rail or an 8" extension. As you grow with your board or you gain in your skill, you can keep expanding your rail. The Starter board

already comes with a 4" extension installed so if you really wanted to, you can shorten the rail down to 16".

(3:45) For example, the standard rail that comes with your Surf Starter is this one right here on my right. Again, its 20" tall, or you can expand it with 8" extensions which is actually the best extension, all the way to 28". You have a much larger ride space as you progress in skill, or you grow in height with your board.

(4:07) All starter boards have a weight limit of 220 lbs. (100 kgs)

7-in-1 Surf Combo (4:20)

The Surf Starter 7-in-1 perfect combo is designed to give you all the tools that you need for a complete training package. What you will get is two of the 5" Half Balls. If you place two underneath the board you'll have a rocker board surface, or you can place one for a wobble board. When you're ready to progress in size, the 6.5" Half Ball will get you up nice and high for working on your turns and being able to tilt the board more. You'll also get two of the 3" Mini Balls. The 3" Ball will keep you close to the ground so it's a great beginner Ball without feeling like the board is out-of-control because you can stop easily. If you wanted to add your 3" Ball on one end of the board and a Half Ball at the other end, you would have a single pivot setup and that is a great movement transition for moving from Half Balls to a full Ball.

(5:13) When you're ready to progress again you would add two of the 3" Balls underneath the board for a double pivot setup. This is great for your pop-up training, your switch foot, and your duck dive movements where you need to have the board more level, compared to being on one Ball. You can also combine the 3" Ball inside of the 6.5" Half Ball, which is an unpredictable Thrashing combination. It's a fantastic way to get a different feel from the smooth, glassy ride surface that you would find with the ball.

(5:46) When you're ready to progress in Ball size you'll get the Small 5" Ball. This gets you up nice and high, and you get enough forward and backward motion and foot to foot transfer as you move the board left and right and start your turns. You won't be able to ground out the board too fast. My favorite combo with the Surf Starter is riding on the 5" Ball. You can also combine the 5" Ball inside of the 6.5" Half Ball for the big drop combination.

(6:13) And now my favorite, let's get ready to ride.

(7:37) The Surf Starter is a great beginner board when you're learning how to get your feet wet. We've also had a lot of families purchase this board because they have a variety of ages of kids from ten to fifteen in addition to the adults. Everybody can actually use this board, especially if you have kids with small feet, they'll fit very well onto this rail size. When you're ready for your dry land training and being surf-fit all year round, I invite you to jump on board and get started with Si Boards' Balance Training Systems.

Elysia Tsai, M.Ed., ATC is a Certified Athletic Trainer and the developer of Si Boards balance boards, unbreakable med balls and power rope balls. Our balance boards are the most versatile and progressive multi-direction training system. Our high performance products are made in the USA with superior function, quality and lasting value. We are always available to answer your questions.

For more information, check us out at:

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